

Your equipment will be checked by your guide at the start of the trip. You can use this checklist to help organise your equipment. Please contact us if you have any questions. We will be happy to assist you with gear selection or give you advice about purchasing equipment from retailers.

Any equipment rented (free or charged for) is your responsibility for the duration of the trip. If this is damaged or not returned, you will be charged at full replacement cost.

REQUIRED PERSONAL CLOTHING

BRING

Hiking shirt
1x thermal underwear top (polypro or merino)
Waterproof shell jacket (Goretex)
Mid layer top (fleece or wind shirt/shell)
Waterproof shell pants (Goretex)
Shorts or trekking pants
Light weight gloves (polypro or fleece)
Sunhat
Warm hat or beanie
Sunglasses
Hiking boots or shoes

REQUIRED OTHER

BRING

Sunscreen
1 litre water bottle
Personal medication
Small day pack

OPTIONAL

BRING

Camera
Favorite snack food
1x collapsable hiking pole
