

Your equipment will be checked by your guide at the start of the trip. You can use this checklist to help organise your equipment. Please contact us if you have any questions. We will be happy to assist you with gear selection or give you advice about purchasing equipment from retailers.

Any equipment rented (free or charged for) is your responsibility for the duration of the trip. If this is damaged or not returned, you will be charged at full replacement cost.

**EQUIPMENT PROVIDED (FREE RENTAL) RENT  BRING**

Plastic bowl, cup, spoon	<input type="checkbox"/>	<input type="checkbox"/>
Closed cell foam bedroll	<input type="checkbox"/>	<input type="checkbox"/>

**EQUIPMENT AVAILABLE FOR RENT RENT  BRING   
(Please let us know in advance)**

	COST/DAY		
55-75 litre trekking pack	\$10	<input type="checkbox"/>	<input type="checkbox"/>
Three season sleeping bag	\$20	<input type="checkbox"/>	<input type="checkbox"/>

**REQUIRED PERSONAL CLOTHING BRING**

Hiking shirt	<input type="checkbox"/>
1x thermal underwear top (polypro or merino)	<input type="checkbox"/>
Waterproof shell jacket (Goretex)	<input type="checkbox"/>
Insulated jacket (down or Primaloft)	<input type="checkbox"/>
Mid layer top (fleece or wind shirt/shell)	<input type="checkbox"/>
1x thermal underwear bottom (polypro or merino)	<input type="checkbox"/>
Waterproof shell pants (Goretex)	<input type="checkbox"/>
Shorts or trekking pants	<input type="checkbox"/>
Light weight gloves (polypro or fleece)	<input type="checkbox"/>
Sunhat	<input type="checkbox"/>
Warm hat or beanie	<input type="checkbox"/>
Sunglasses	<input type="checkbox"/>
2x socks (1 spare)	<input type="checkbox"/>
Hiking boots or shoes	<input type="checkbox"/>

**REQUIRED OTHER BRING**

Sunscreen	<input type="checkbox"/>
1 litre water bottle	<input type="checkbox"/>
Head torch	<input type="checkbox"/>
Waterproof pack liner (plastic garbage bag ok)	<input type="checkbox"/>
Tape for blisters	<input type="checkbox"/>
Hand sanitiser	<input type="checkbox"/>
Personal medication	<input type="checkbox"/>

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**OPTIONAL**

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**BRING** 

Camera
Lightweight inflatable mattress eg. Thermarest
Favorite snack food
1x collapsable hiking pole
